



‘A caring Christian community where every child achieves a love of life and learning’

Luke 10: 25-37

Trust, Friendship, Respect, Forgiveness, Courage, Truthfulness

FOOD POLICY

Policy Lead Committee:	Local Academy Committee	In consultation with:	Senior Leadership Team
Approved by:	 K. Davey, Chair of Committee	Date:	6th January 2026
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1. Introduction

Lydney Church of England is dedicated to providing an environment that promotes healthy eating and enables pupils to make informed food choices through our approach to food provision and education.

2. Aims

- To provide a range of healthy food choices throughout the day.
- To support pupils to make healthy food choices and be better prepared to learn and achieve.
- To ensure a consistent approach to healthy eating across the school community including pupils, staff and parents/carers.

3. The School Day

3.1 Breakfast

Breakfast is an important meal that should provide 25% of a child's energy requirement and supports pupils to be ready to learn at the start of each day. Lydney Church of England runs a daily breakfast club for pupils from 7:30 am until the start of the school day. Breakfast includes cereal, fruit, yoghurt and toast.

3.2 School Lunches

School lunches are provided by Caterlink and are served between 12 noon and 1pm in the school hall. Reasonable adjustments are made for those with additional needs. The school meals meet the mandatory requirements of the School Food Standards 2015. More information about the Caterlink company can be found at www.caterlinkltd.co.uk.

All meals are planned on a 3-week cycle and always contain a meat/fish and vegetarian option. The menus can be accessed on our school website. [Lunch Menus | Lydney Church of England Community School](#)

3.3 Packed Lunches

Lydney Church of England aims to support and encourage families and pupils to have a balanced lunch and best prepare them for learning in the afternoon. See [appendix 1](#).

3.4 Drinks

Pupils have access to water throughout the day, however pupils should bring their own water bottle to school daily. Free school milk is provided to all pupils up to the term in which they turn 5. School milk is available to older children at a small cost.



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3.5 Healthy Snacks

Lydney Church of England school understands that healthy snacks can be an important part of the diet of young people. In the Early Years and KS1, snacks are provided during the morning and include fruit and vegetables. We encourage other children to bring in a healthy snack for morning break.

3.6 School Trips

A packed lunch will be provided by the school, for all children who usually have a free school meal or children are welcome to bring their own packed lunches.

4. Curriculum

Food and nutrition is taught at an appropriate level throughout each key stage in science, PSHE and Design & Technology (cooking and nutrition).

5. Special Dietary Requirements

The school does everything possible to accommodate pupils' specialist dietary requirements including allergies, intolerances, religious or cultural practices.

6. Parents, Carers and Family Members

Our relationships with parents/carers is very important and we aim to support them with information and advice around food, so that they are best prepared to make healthy choices for their families.

7. Consultation

Local Academy Committee members have attended lunches at school. Pupils from the school council have been asked for their views.

This policy is available on the school website: www.lydneycofe.co.uk/policies/.

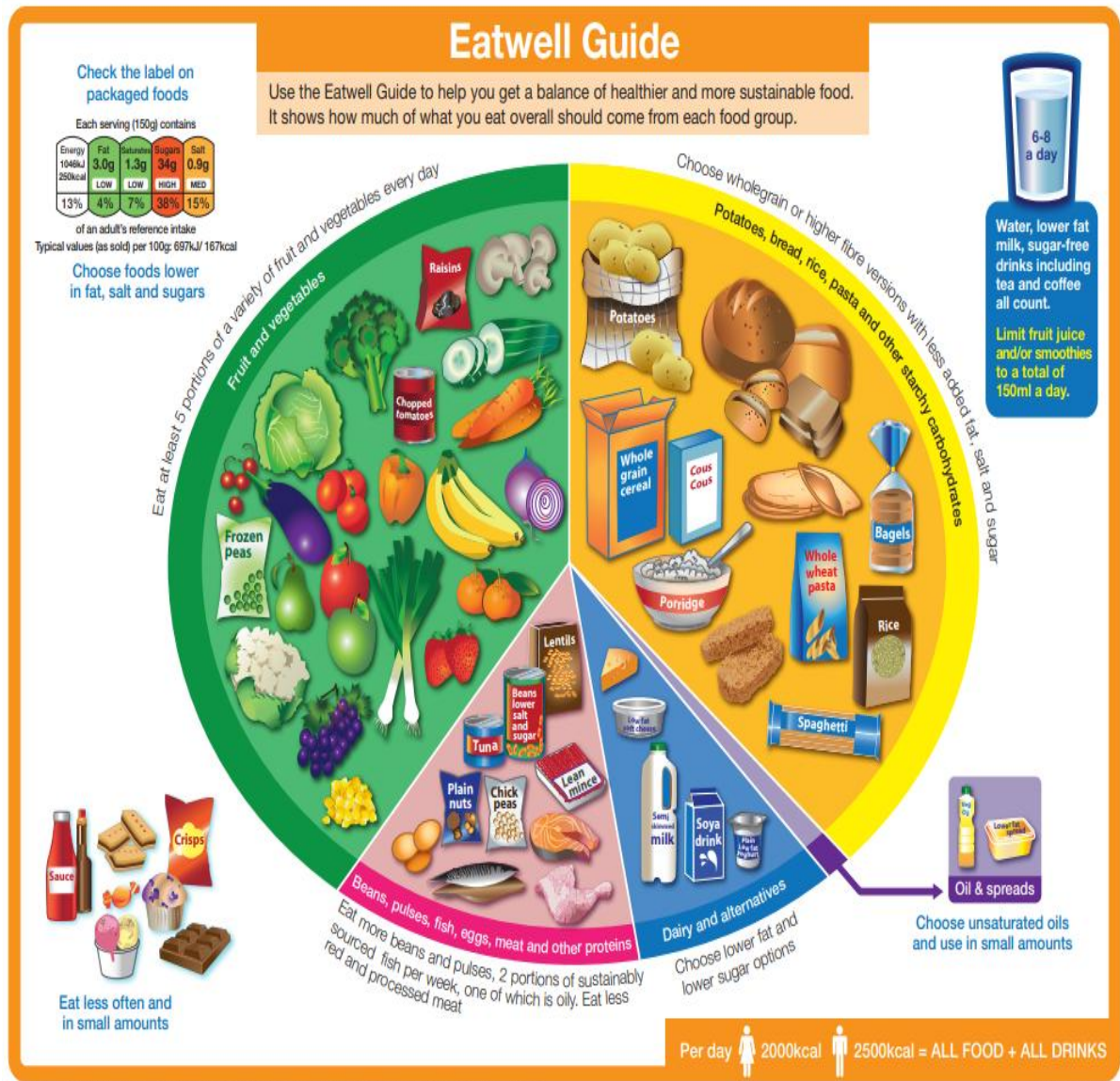
Paper copies are available on request from the School Office.

Appendices Overleaf



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Appendix 1



Source: Public Health England in association with the Welsh Government, Food Standards Scotland and the Food Standards Agency in Northern Ireland

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