

Lydney Church of England Primary School



*‘A caring Christian community where every child achieves a love of life and learning’*

Luke 10: 25-37

Trust, Friendship, Respect, Forgiveness, Courage, Truthfulness

# PSHE POLICY

|                   |                                                                                                                     |                       |                                       |
|-------------------|---------------------------------------------------------------------------------------------------------------------|-----------------------|---------------------------------------|
| Ratified By:      | <b>Local Academy Committee</b>                                                                                      | In consultation with: | <b>Senior Leadership Team</b>         |
| Approved by:      | <br>K. Davey, Chair of Committee | Date:                 | <b>15<sup>th</sup> September 2026</b> |
| Policy Date:      | <b>Autumn Term 1 2026</b>                                                                                           | Review Date:          | <b>Autumn Term 1 2027</b>             |
| Review Frequency: | <b>Annually</b>                                                                                                     |                       |                                       |



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## **1. Introduction**

This policy is in addition to the Foundation Subject Policy and should be read in conjunction with that policy.

## **2. Intent**

At Lydney Church of England Primary School, our PSHE curriculum intends to be accessible to all and ensures that every pupil will know more and understand more about how to play a positive and successful role in our society, both as a child and as an adult in the future. As a result of this they will become healthy, independent and responsible members of society who understand how they are developing personally and socially, and give them confidence to tackle many of the moral, social and cultural issues that are part of growing up.

We provide our children with opportunities and experiences for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. PSHE provides opportunity to weigh up what is fair and unfair in different situations, understanding that justice is fundamental to a democratic society and explore the role of law in maintaining order and resolving conflict. It also questions pupils to reflect on different ideas, opinions, assumptions, beliefs and values when exploring topical and controversial issues and problems.

Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to life at Lydney Church of England Primary School and the wider community.

## **3. Implementation**

We follow the SCARF curriculum which is a whole school approach to wellbeing and mental health.

Underpinning our PSHE curriculum are our Christian values: trust, friendship, respect, forgiveness, courage and truthfulness and curriculum drivers.

The lessons we teach have an intention of providing a high-quality, coherent and progressive experience of the subject, with scope for cross-curricular learning.

The SCARF PSHE program provides a scheme of learning from the Early Years Foundation Stage through to, and including, Year 6.

SCARF, standing for Safety, Caring, Achievement, Resilience and Friendship. The scheme is mapped in accordance with the PSHE Association programme of study. It is centered on a values-based approach and is divided into six half-termly units. The units are tailored to each year group and are taught through a spiral curriculum, whereby the themes are explored in greater depth and resources are adapted to each age group to ensure progression. As well as this, we explore PSHE through embedding and promoting our own school Christian values. The values play a key part within our school, especially during collective worship, whereby we relate these values to important events such as anti-bullying week and e-safety week.

PSHE is the golden thread woven throughout the teaching and learning here at Lydney Church of England School. Using the SCARF curriculum as the basis for our lessons, PSHE is taught weekly in



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each year group, although this is sometimes increased dependent on the needs, behaviours and questions a class might have.

Our PSHE curriculum is steered by the needs of the children and we use check-ins, class discussions, small group work and one to one dialogues to ensure we support the social and emotional well-being and personal development of our students, addressing questions or issues that arise from the PSHE sessions in an open, sensitive and understanding manner.

Our PSHE sessions at Lydney C of E include a range of activities designed to include and support a wide-range of learners. Through circle times, drama, stories, group discussions and assemblies, students' contributions are valued as an important part of the PSHE learning. External visits and also visitors to the school further support the teaching of PSHE. Opportunities such as workshops delivered by the SCARF Life Bus mobile classroom and school-led Children's Mental Health Week help to provide memorable life skill lessons for the students in our care.

Our SCARF curriculum provides a detailed framework for developing a positive ethos across the school community, which contributes significantly to our British Values education.

By using SCARF, we are ensuring these themes are taught, both explicitly and implicitly, in an age-appropriate way, across all year groups. Our curriculum is designed to enable children to develop responsibility for their own actions; respect for the actions and beliefs of others; understand how each individual is protected by the rule of law; and how everyone can make a positive contribution to society through the democratic process.

#### **4. EYFS**

In our EYFS class, SCARF is used to support the delivery of quality PSHE sessions. Through using the SCARF Early Years plans and the teacher's own knowledge and understanding of the pupils, we are able to provide a spiral curriculum that provides the essential building blocks needed to meet the DfE's Relationships Education and Health Education requirements. Rather than prescribed lesson plans, the EYFS weekly plans have a range of resources, ideas and activities that will enhance child-led, in-the-moment planning and adult-guided pedagogies. PSHE opportunities at this age can take the form of whole-class discussions, adult-guided activities, independent activities, enhancements for Continuous Provision, circle time, stories and alike.

#### **5. Key Stage 1 and Key Stage 2**

In both Key Stages 1 and 2, PSHE lessons are delivered predominantly through the use of the progressive units mapped out by SCARF, which teachers are then able to adapt and enhance to support the unique needs of their classes.

Each year, every class has six core themes that structure their PSHE learning and these are revisited and built upon as they progress through the school. These overarching themes are

- Me and My Relationships
- Valuing difference
- Keeping Safe



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- Rights and Respect
- Being My Best
- Growing and Changing

During PSHE lessons, students in KS1 and KS2 will actively participate in a range of practical, written and discursive activities designed to support the children's thinking and development in PSHE. Lessons incorporate a range of teaching strategies from independent tasks, paired and group work, as well as improvisation, debate and teacher-led performances.

Where appropriate, teachers make cross curricular links with other areas of learning. Other opportunities for PSHE learning, such as assemblies, visits and community events are also a key part of children's PSHE experiences at this age.

## **6. Inclusion, Quality First Teaching, Support and Assessment:**

An inclusive approach, teamed with a 'Growth Mindset', is adopted by both staff and students in PSHE sessions and the belief is that everyone can make a valued contribution to learning in PSHE. Children are encouraged to think carefully, persevere and show appreciation and understanding for others' contributions and points of view.

Our PSHE curriculum at Lydney Church of England School is designed to be a positive and inclusive experience for every student within our community. All children are given opportunities to explore and discuss in PSHE sessions and our teachers provide the time and space for students to develop personally, socially and emotionally. Through the SCARF scheme of work, there is a spiral curriculum, vocabulary progression and knowledge organisers which are all designed to ensure every lesson can be accessed by all pupils. Opportunities to stretch pupils' learning come through effective questioning and developing pupil's responses to PSHE learning. Staff also have access to SCARF resources and supporting videos to enable them to confidently teach and guide a range of learners when teaching PSHE.

Formative assessment is a key part of PSHE lessons at Lydney Church of England School and teachers observe, listen to and question their students to check understanding and to move learning forward.

## **7. Extra-Curricular Provision**

Lydney Church of England school values the personal, social, health and economic development of everyone within the school community and works hard to ensure children receive quality PSHE provision and education. Our staff encourage and champion children's interests outside of school alongside their academic development. There are regular opportunities for children to talk, discuss and learn new skills. Children are encouraged to lead worship, join clubs, perform in plays and take ownership over their personal development both in and out of school. Lydney is a school where difference, diversity and personal development are nurtured and celebrated.

PSHE plays an integral part of our daily worship at Lydney Church of England school and children are given opportunities to explore their ideas and beliefs about the world, as well as current affairs.



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Moreover, PSHE learning is embedded within our actions and words at Lydney Church of England school; in the way we learn and develop as a school community.

## **8. Impact**

Lydney Church of England school PSHE teaching provides children with the vocabulary and confidence needed for every child to clearly articulate their thoughts and feelings in an environment of openness, trust and respect, and know when and how they can seek support from others. They will apply their knowledge and understanding of society in their everyday interaction, from the classroom to the wider community they are part of.

Our scheme supports the active development of our school culture that prioritise physical and mental health and wellbeing, providing children with the skills they need to evaluate and understand their own wellbeing needs and contribute positively to the wellbeing of those around them. Successful teaching of PSHE has an impact on the whole child, including their academic development and progress, by helping to remove social and emotional barriers to learning and building confidence and self-esteem. Successful teaching of PSHE will raise aspirations for our disadvantaged and vulnerable children, empowering them with skills to overcome barriers they may face.

**This policy is available on the school website: [www.lydneycofe.co.uk/policies/](http://www.lydneycofe.co.uk/policies/)**

*Paper copies are available on request from the School Office.*